



DayCaring Preschool

*The school where we care
everyday!*



February 2023

NEWSLETTER



Valentines Day Celebration

We are having our annual Valentines Day Celebration Snack Party for the DayCaring Preschool children on Tuesday, February 14th at 10am.

This is a kids only gathering but if you'd like to send a snack to school for sharing we would love that, just leave them in the kitchen at drop off. ☺

If your child would like to bring Valentines Cards to school they are more than welcome to do so but please be sure that there is one for every child at school. You should count for 50 children and it's much easier if you do not put names on them.



SCHOOL CLOSURE

We will be closed on Monday, February 20th, in observation of Presidents Day.

Quote of the Day...

“The greatest gift you ever give is your honest self.”
....Fred Rogers.



PRE-K

NEWS AND REVIEWS

FIELD TRIP FUN:

Maggie has been working on a few walking Field Trips for our Pre-K'ers this year, and after 3 years of no Field Trips we are so excited to add these fun adventures back into Pre-K.

On Wednesday, March 8th we will take our first walking Field Trip to the Fairfax Library. We will tour around inside and learn all about how a library works, look at books about our animal selves and check out a few books to bring back to school and share with our friends.

In May we will take a walking Field Trip to have lunch together at M&G's. The date and cost to be announced soon.

In June we will take our last walking Field Trip to the Scoop to have a taste of ice cream and have a picnic lunch on the ball field, where we can run around and play before walking back to school. The date and cost to be announced soon.

Pre-K Parent Teacher Conferences

Each year we hold Pre-K Parent Teacher Conferences where we share with you the successes and growth your children have made throughout this year so far.

We will discuss your child's development, the road to kindergarten readiness and answer any questions you may have as we move into the last months of their Pre-K experience here at DayCaring Preschool.

Conferences will be held the week of March 13th between the hours of 9:30am and 11:30 and they will last 20-25 minutes each.

If you have not already done so, you can come to the office to sign up for your Parent Teacher Conference with one of our Pre-K Teachers. There will be no make up days so make sure your schedule is set.

If you have any questions don't hesitate to contact Genevieve via email.



LITERACY ON THE GO

Running errands can be a chore, but they are also excellent opportunities to teach your child literacy skills and foster social-emotional development.

On a walk or during a car ride you can tell stories, sing songs or listen to your favorite audio book.

Young children love to hear stories about themselves as babies, about you as a child, or about other children.

Together, you can make up stories about people, animals, signs, symbols, and objects you see along the way (“let’s make up a story about where the people on the bus are going today” or “how do you think the people will feel if it starts raining before the bus gets there?”).

Stories are important because they develop closeness and create and understanding of what makes each one of our families and us unique!

Shared with you from the NAEYC.

5 Immune Boosting Snacks for Kids

We all know what we eat has a clear impact on our immunity so arming our kids with immune-boosting snacks may help during cold and flu season.

YOGURT- probiotics not only improve gut health but play a big roll in helping your body fight illness.

KEFIR- can also help boost your immune system and is also filled with healthy probiotics.

WALNUTS- these healthy omega-3 fatty acids have shown to cut down on respiratory infections in kids.

FRUITS/VEGGIES- aim for the ones highest in Vitamin C like citrus fruits, strawberries, bell peppers, broccoli, and sweet potatoes.

LEAN MEATS- packed with protein, important in keeping up strength, lean meats also contain zinc, which helps white blood cells fight off infections.

Cubby Check

With the weather jumping between rain one week and sunny days the next we have been heading to the kids cubbies regularly for changes of clothes.

Please take a minute to check your child’s cubby to be sure the clothing in there still fits them and is appropriate for the variety of weather changes we have been experiencing.

Also, and most importantly...PLEASE be sure your child’s name is on everything you send to school, Jenny is working SO hard to make sure things get home with whom they belong and clearly marked items will make her job so much easier. Thank you

SAVE THE DATE

Our Annual Raffle Fundraiser Night Out will be held on Saturday, April 8th, Peri’s Tavern here in Fairfax
...More details to follow in March Newsletter

Puddle Jumper Power

This month in Puddle Jumpers we are learning about our healthy bodies.

We will be taking walks, doing yoga, playing soccer, and having fun with obstacle courses.

Our Puddle Jumpers group will talk and learn about healthy eating and read books about healthy 'grow food'.

We'll also be baking our own yummy hearth healthy trail mix together this month and share some with our friends and other groups.

Your Puddle Jumper Team,
Jenny and Carie



Stompers Time

February is full of good fun!

You should see your Stompers in circle time, their skills have gotten so next level! They're practicing patience, using excellent communication, and overall having so much fun in circle. We are so proud them!

We're working with feelings this month. Happy feelings, sad feelings, mad feelings, excitement, love, and so many more. We'll also be learning about what to do with your feelings when you have them and how to express what we need.

We are having such a wonder time together.

Love Always,
Violeta & Carmel

